

LAUSD

5k 'Move it'



CHALLENGE AND HEALTH FESTIVAL

Saturday, November 22, 2014

8:00 am – 1:00 pm @ Dodger Stadium



To learn more and to register, please visit: <http://moveit.lausd.net>

Pre-Race Festivities – 8:00AM

Race Start – 9:00AM

Health Festival – Following the Race

Join LAUSD as we...

Raise awareness and funding for **LAUSD Wellness Center** programs which promote physical, mental, social and emotional wellness for our students, employees and families through physical activity, healthy eating and active living.

Event Activities

Health and Nutrition Workshops and Booths

Dance and Aerobics Zone

Sports Clinics

Healthy Food Trucks

Kids Zone with Active Games

Celebrity Appearances

Musical Performances

Giveaways



Bring a Can, Get a Band!

Canned Food Drive to Support LAUSD Homeless Education

Partner with other organizations in support of healthy students, healthy families and a healthy community



In pursuit of good health and wellness for the LAUSD community